



ELITE DENTAL

Dr. James Nguyen, D.M.D.

FREQUENTLY ASKED QUESTIONS (FAQS)

Below is a list of commonly asked questions we receive from patients regarding their dental care.

Do you take my dental insurance?

We accept most major insurance plans. Contact our office to find out if we are participating with your insurance carrier.

How often do I need to visit the dentist?

We recommend you visit your dentist for a cleaning and exam twice a year, or once every six months. There are exceptions. If you have gum disease, your dentist may recommend more frequent visits.

Are dental x-rays safe?

X-rays help dentists detect damage and disease that is not visible during an exam. X-rays are safe; however, they do involve very low levels of radiation exposure, which makes the risk of potentially harmful effects very small. X-ray machines and tools are designed to limit the body's exposure to radiation.

What should I do if I require pre-medication?

Please be sure to request a prescription prior to your appointment, or if you are unsure, contact us and we can help.

What should I bring to my first appointment?

Please bring the following items with you to your appointment: HIPAA medical form, insurance card, photo id (driver's license, etc), and a list of the current medications you are taking.

Can I bring my kids to your office since I am a patient?

In order to prevent dental problems, your child should see a pediatric dentist between 6-9 months for an examination, or no later than their first birthday. At Dental and Vision Associates, we treat patients starting at 1 year old.

Can I see a dentist while I am pregnant?

Cleanings and exams during pregnancy are safe. The rise in hormone levels during pregnancy causes the gums to swell, bleed, and trap food causing gum irritation. If you have a dental problem while pregnant, you and your dentist will discuss a safe treatment plan.

Do you offer Cosmetic Whitening/Bleaching?

We offer two options for whitening your teeth. The Zoom Laser Whitening treatment applies hydrogen peroxide whitening gel with the Zoom light to penetrate the teeth and break up the stains. The gel remains in place for 15 minutes, 3 consecutive times, for a total of 45 minutes while the light is initiated. During this time, you will be relaxing in our comfortable dental chairs. We also offer a convenient take-home bleaching kit with custom trays. The bleach is placed in the tray and worn for 30-60 minutes a day until the desired whiteness is achieved. The custom trays can be used for years, reapplying as needed to sustain the desired shade of your teeth.

I got my tooth pulled/extracted a few days ago and I have a lot of pain. Is this normal?

Several complications might occur after oral surgery that includes infection, nerve damage, stiffness and dry socket. Most commonly is the risk of dry socket when the blood clot breaks down exposing the bone and nerves, which causes the pain. Contact your dentist immediately if you are experiencing pain or any of the above mentioned symptoms.